

"The isa Experience has literally transformed my life. I lacked self-esteem and now I have sense of purpose, enthusiasm, and inner confidence. I continue to use the isa information in my life and apply it in a very practical way."

Meash, Company Director
Manchester, UK

"The isa Experience has provided a firm, loving, instructional foundation for my life."

Adrian, Student
Mt Prospect, IL USA

"A pivotal weekend of my life...one that I will never forget."

Patrick, Real Estate Broker
Stockholm, Sweden

"The isa Experience showed me that there is nothing wrong with me. Since doing the weekend I have seen that through my actions I can make a difference."

Jill, Medical Representative
West Yorkshire

"The isa Experience was exciting, stimulating and profound. I began to take charge of my life and fulfil my dreams..."

Maggie, Counsellor
Kent

About isa

The Institute for Self-Actualisation is an educational corporation that presents information in an environment that supports transformation. The purpose is to awaken individuals to the fact that they are in control of their own lives. It promotes growth and life with integrity, passion, happiness and harmony.

History

isa was founded in 1977 by Danish teacher and philosopher Ole P. Larsen. His purpose is to share information with others who are seeking a higher level of awareness, a greater sense of balance and a wholeness in life.

From his studies in self-actualisation, he developed a seminar based on the premise that we can tap into the power we already possess to transform the quality of our lives. It is how we approach our life that makes a difference...not our circumstances. By realising this, we shift our energy and focus on creating the life we want.

isa seminars are held in the United Kingdom, United States, Sweden and Australia. A worldwide community of isa graduates is available to encourage and support each other in continuing their personal growth.



Rosebank
Dundrennan, Kirkcudbright, Scotland. DG6 4QH
Tel: 01732 220293
www.isaexperience.com

What if ...

you could have the life that
you've always dreamed of?

Stop dreaming and start living.

....isa

The isa Experience will create a dynamic, positive shift in your life with immediate results.

Gain clarity and focus. Increase your energy and enjoyment of life. Experience peace and contentment.

It is up to you.

Live your potential - every day of your life.

What if you could not fail?

How would you approach every day?

What could you achieve?

You could do anything, couldn't you?

Sound too good to be true? These are some of the elementary truths you will explore during the isa Experience. You will gain new insights about your past experiences, your relationships, your family and, most importantly, your life.

Since the Institute for Self-Actualisation was founded in 1977, more than 35,000 people have participated. People from all walks of life, occupations and ages, and from all over the world. Like you, they want to live life to the full and embrace all aspects of life as a human being.





Registration Card

isa (U.K.) Ltd.

Name _____ Name you like to be called _____

Address _____ City / Town _____ Postcode _____

Occupation _____ Date of Birth _____

Telephone (Home) _____ Business _____

Person who introduced you to isa _____ email: _____

I request a place in the following isa Experience _____ Dates _____

Enclosed is my registration deposit £50. I understand that the balance of isa Experience £300 + VAT - deposit £50 (transferable and non-refundable) _____ Day _____ Month _____ Year _____

Tuition £ _____ Deposit _____

Signature _____ Balance _____ Date Due _____

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Graduate Seminars

isa also offers the following courses which build upon the learning from the Experience and focus on specific areas of interest.

Graduate Intensive Training (G.I.T.)

The G.I.T. expands on the isa Experience and focuses on how you "do" your life. It is an opportunity to challenge your beliefs and perceptions and break through barriers to unlock your true potential. It consists of a Thursday evening session and all day sessions on Friday, Saturday and Sunday.

Prerequisite: isa Experience **£500** + VAT *Deposit: £100*

Getting Lighter

Getting Lighter explores communication, relationships and sex. It expands your ability to communicate and assists you in creating great relationships.

£100 + VAT *Deposit £50*

The Video Experience

The Video Experience explores how you perceive yourself in different scenarios. It focuses on confidence building and problem solving. And, you fall in love with yourself!

£100 + VAT *Deposit £50*

Completion Series

The Completion Series is composed of six sessions, usually held over 5 weeks. The purpose is to complete with your past and set goals for the future.

£200 + VAT *Deposit £50*

Seminars

The isa Experience

The isa Experience explores how your perceptions and experiences shape your world and you will "wake up" to a fuller and more exciting life. This facilitator-led seminar introduces new understanding in an experiential format.

£300 + VAT *Deposit: £50*

Experience Review

After attending the isa Experience, you can revisit it again at any time in any city to remember what you learnt and to refocus on your current goals. As you review, you will gain an even deeper understanding of the purpose of the Experience.

£100 + VAT

Young Person's Experience (YPE)

The YPE is a 10 day camp for young people aged 5 to 13. It focuses on personal beliefs, communication, team building, overcoming fears and prejudices. Parents join their children for the final three days to focus on family building. At least one parent or guardian of the young person must have completed the isa Experience.

Cost: £700 (approx)

Deposits are required to reserve space on these seminars and are non-refundable.

For more information

Learn about the isa Experience by attending a free Introduction. An Introduction is an informal gathering providing information and an opportunity to ask questions about the benefits of the isa Experience.

For more information, contact the isa National Manager at:
01732 220293 or visit our website at:
www.isaexperience.com.

The isa Experience

The isa Experience runs over four days, beginning on a Thursday evening. It provides an opportunity to take time to look at your life, see where you are and explore your dreams and aspirations, in a non-judgmental, supportive and encouraging environment. The outcome is likely to be that through the realisations you have, this will become one of the most profound and meaningful events of your life. As early as the first session, you'll rediscover basic truths about yourself and our world that you may have forgotten. Friday evening provides more opportunities to reflect and learn, and all day sessions on Saturday and Sunday will assist you in going beyond your barriers and fears, resulting in new realisations and awareness. Although it is encouraged, active participation is not required to get value from the weekend. The isa Experience is filled with warmth and humour that challenges you to wake up and really "go for your life" in a way that will enhance your understanding of who you are and what you can achieve. It is completed with a personal follow-up interview a few days later and a two-hour Post Experience within ten days.

The isa Experience is especially powerful because it combines practical, insightful information with your own life experiences. In doing so, isa accelerates your understanding of yourself and provides the opportunity to look at your life, to explore your dreams and goals with fresh insight. You will rediscover yourself and move toward making these dreams a reality.

Participants at the isa Experience report immediate, significant and positive benefits in their lives. After the Experience, you will find that this continues as you move from the receiving end of events in your life to taking action to create the life you've always dreamt of.

Start living your potential.